

23rd June 2026

Dear Parents and Carers,

As a part of your son's education at Newman Catholic College, Year 8 students are having a Drop Down Day linked to Relationships and Sex Education on Wednesday 8th July 2026.

Students will participate in the following workshops.

1. Conflict Resolution and De-escalation
2. Relationships Role Plays
3. Consent in Relationships
4. Toxic Masculinity and Misogyny

Parents may request that their child is withdrawn from the Sex Education parts of Relationships and Sex Education classes in secondary school (but not from the Relationship parts). Parents should note that the Science curriculum in all maintained schools also includes content on human development, including reproduction. There is no right to withdraw children from classes covering the Science curriculum.

New legislation introduces the concept that, once a child is three terms away from turning 16, they may overrule their parents' wishes and attend RSE classes if they choose to. If you wish to withdraw your child from the Relationships and Sex Education sessions on the curriculum please put this in writing, addressed to Mr Dunne, Headteacher. Email trohan@ncc.brent.sch.uk his secretary.

If you have any further questions regarding the workshops, please do not hesitate to contact me.

Yours sincerely,



Miss S Grace

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