

1<sup>st</sup> February 2022

Parents and Carers,

As a part of your child's education at Newman Catholic College, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. There are three strands Health and Well Being (Term One), Careers and Living in the Wider World (Term Two) Relationships and Sex Education (Term Three).

PSHE education is taught throughout the school in every year group by your child's form tutor and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values. Parents may request that their child is withdrawn from the sex education parts of Relationships and Sex Education classes in secondary school (but not from the Relationship parts). Parents should note that the Science curriculum in all maintained schools also includes content on human development, including reproduction. There is no right to withdraw children from classes covering the Science curriculum. New legislation introduces the concept that, once a child is three terms away from turning 16, they may overrule their parents' wishes and attend RSE classes if they choose to. If you wish to withdraw your child from the Relationships and Sex Education sessions on the curriculum please put this in writing, addressed to Mr Coyle, Headteacher.

If you have any further questions, please do not hesitate to contact me.

Yours sincerely,



Miss S Grace

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Personal Development-SMSC, Marketing & Community Link

<http://www.ncc.brent.sch.uk/> Twitter, Facebook & Instagram [@nccbrent](https://www.instagram.com/nccbrent)

## Relationships and Sex Education Content

### Year 7 and EAL Projects

You and your knowledge about sex

- *Sex: facts and myths*
- *Sex and the law*
- *Safer sex: contraception*

You and your relationships

- *Exploring your sexuality*
- *Sex: your rights and responsibilities*
- *Attitudes to sex*

### Year 9

You and your sexuality and gender

- *Your developing sexuality*
- *What influences your attitudes to sexuality and gender?*
- *Understanding gender identity*

### Year 11

Sexuality and Gender Identity

- *Gender*
- *Sexuality*

### Year 12

Sex Relationships and Society

- *Date Rape*
- *Miscarriage and unplanned pregnancy*

### Year 8

Sexual relationships – your responsibilities

- *Giving your consent*
- *Am I ready to have sex?*
- *Having sex – teenagers' experiences*

You and safer sex

- *STIs*
- *Symptoms of STIs*
- *Sexual health clinics*

### Year 10

Sexual Relationships

- *Sex and Relationship Responsibilities*
- *Keeping Sexually Healthy*
- *Understanding fertility, infertility and different routes to parenthood*

Sexually Explicit Content Online

- *Sexual Content Online*
- *Pornography*

### Year 13

Sex Relationships and Society

- *Controlling relationships*
- *Sex and Media*
- *Sex readiness and encounters*