





Relationship and Sex Education Health and Well Being at Newman Catholic College



Families
(H30, H31, H32, H33, R4, R11, R12, R13, R24, R25, R26, R27, R33)

 =Relationship and Sex Education
 =Health and Well Being



College or Sixth Forms and the start of being a young adult



Mental Health
(H2, H5, H6, H7, H8, H9, H10)

Healthy Relationships
(R1, R2, R3, R6, R7, R8, R14, R15, R18, R19, R22, R28, R29, R30, R31)

Communication in relationships
(H26, H27, H28, H29, R16, R17, R21, R23, R32)



Independence
(H3, H4, H11, H13, H14, H15, H16, H17, H18, H22, H23, H24)



Values and Violence – FGM/ Forced marriage

Exploring Influence
(H19, H20, H21, R20, R35, R36, R37)

Addressing extremism and radicalisation
(R5, R6, R9, R10, R14, R28, R29, R30, R31, R34, L24, L26, L27, L28, L29)

Building for the future
(H2, H3, H4, H8, H12, L22)

Healthy lifestyle
(H3, H14, H15, H16, H17, H18, H19, H21)

The Dangers of Pornography

Emotional Wellbeing (H3, H4, H6, H7, H8, H9, H10, H11, H12, L24)

Emotional Well-being

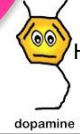


Intimate Relationships
(R7, R8, R11, R12, R18, R24, R26, R27, R28, R29, R30, R31, R32, R33, R34, L21)

Respectful relationships
(H2, R1, R6, R19, R21, R22, R23, R35, R36)

Peer influence, substance use and gangs
(H24, H25, H27, H28, H29, R1, R20, R37, R42, R44, R45, R46, R47)

Drugs and Alcohol
(H23, H24, H25, H26, H27, H29, H31, H5, R42, R44)



Identity and Relationships
(H35, H36, R4, R5, R10, R16, R18, R24, R25, R26, R29, R30, R32)



First Aid(H20) All year groups- CPR, Burns and Knife Wounds



Health and Puberty (H5, H13, H14, H15, H16, H17, H18, H20, H22, H34)



Staying safe on-line
(R5,35,36,37,38)

Discrimination
(R39, R40, R41, R3, R4, R42, R43)

The Dangers of being on-line – including sexting.

Building Relationships

H1, R2, R9, R11, R13, R14, R16, R24



Diversity, prejudice, and bullying
(R3, R38, R39, R40, R41)

Transition and Safety
(H1, H2, H30, H33, R13, L1, L2)

Letter home to parents explaining the curriculum and their rights.

welcome



- Organisations we work with**
- Catholic Education Service
 - PHSE Association
- Support for young people and parents/carers**
- GP, Brook and some chemists
 - NSPCC 0800 1111 (U18)
 - NSPCC for adults 0808 800 5000
 - NSPCC FGM Helpline
 - Email: fgmhelp@nspcc.org.uk
 - Barnardos.org.uk
 - CEOP Child Exploitation and Online Protection Command : <https://www.ceop.police.uk/safety-centre/>