



WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Chicken curry with rice	Chicken legs	Chicken Pie	Meatballs with spaghetti	Fish and Chips
Main Course 2	Pork sausage	Beef Lasagne	Pork chops	Chicken drumstick	BBQ Wings
Vegetarian Course	Veg Pizza	Veg Cheese Flan	Roast veg couscous	Aribiata Pasta	Macaroni cheese
Extras	Rice	Wedges	Roast potatos	Mash potatos	Chips
Daily Option	Assorted Sandwiches, wraps, baugettes,				
Daily dessert option	Fruit jelly, Fresh fruit selection, yoghurts, Bic				
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	BBQ Wings	Buttered Chicken	Pork chops	BBQ Pork Ribs	Spicy Wings
Main Course 2	Pork sausage	Beef lasagne	Chichen pie	Chicken curry with rice	Fish fingers and chips
Vegetarian Course	Couliflour Chesse	Veg hotpot	Veg Lasagne	Veg quish	Maccaroni Cheese
Extras	New potato	New potato	Roast potatos	Rice	Chips
Daily Options	Assorted Sandwiches, wraps, baguettes,				
Daily Dessert Options	Fruit Jelly, Fresh fruits Selection, Yoghurts, Bic				