PE Learning Journey at Newman Catholic College

How can you progress in PE?

- Ambitious ✓
- Self - Belief ✓
- Passionate ✓
- Imaginative ✓
- Resilient ✓
- Excellence ✓

Study Sport at University in a Range of Sport Courses Available

Enter Employment or Training in Sports Industry

Leave Newman Catholic College with a Love for PE & Sport

YEAR 13

Finalise all Units and Sign Off All Paperwork

University Interviews

Football/Basketball: Brent Cup. Competition vs other Borough Schools

Units: 5, 8, 12

Apply for University through UCAS or Alternative Post 18 Sport Courses

Results Day!

Units: 19, 22, 23

Units: 15, 18, 22

Officiate Year 7 Football Games as Evidence for Coursework

Newman Sports Day

'Promoting Life-long Participation in Sport & Physical Activity'

YEAR 12

BTEC Sport Level 3

Results Day!

Introduction to BTEC Sport Level 3 and expectations

Units: 1, 2, 28

Units: 11, 17, 26

Units: 3, 4, 7

Cricket: Brent Cup. Competition vs other Borough Schools

Prepare for Post 16 courses next year...

Start of Level 3 BTEC Sport Extended Diploma

Football/Basketball: Brent Cup. Competition vs other Borough Schools

Support Extra-Curricular Clubs

Students out on Work Experience within the Sports Industry

'Creating Healthy & Active Futures'

YEAR 11

Assisting at Newman Sports Day

Finalise all Units and Sign Off All Paperwork

Unit 6: Leading Sports Activities

Design and Implement Training Program

Unit 3: Applying the Principles of Personal Training

Cricket: Brent Cup. Competition vs other Borough Schools

Unit 2: Practical Performance in Sport

Plan and Lead a Successful Sports Session

Unit 1: Fitness for Sport and Exercise Exam Repeat.

Preparation for Unit 1: Fitness for Sport and Exercise Repeat.

Core PE: Football, Basketball, Table Tennis

Newman Sports Day

Core PE: Fitness, Gym, Handball

Formal Fitness Testing

Unit 1: Fitness for Sport and Exercise Exam

YEAR 10

Year 10 Options

Softball: Throwing, Batting, Fielding, Base running, Pitching, Tactics

Athletics: Track and Field. Brent Athletics.

BTEC Sport Level 2

BTEC First Award in Sport Introduction

Handball: Weak Hand Passing, Weak Hand Shooting, Defensive Tactics, Attacking Strategies, Mini-Tournaments

Cricket: Fielding Fundamentals, Defensive Batting, Bowling Spin, Wicket Keeping

Sports Leaders: Primary Sports Day

Newman Sports Day

Unit 1: Fitness for Sport and Exercise

Core PE: Football, Basketball, Table Tennis

Football/Basketball: Brent Cup. Competition vs other Borough Schools

'Thriving & Striving in PE'

Formal Assessment

YEAR 9

Football/Basketball: Brent Cup. Competition vs other Borough Schools

Football: Develop Passing, Control, Defending, Set Plays, Tactics

Cricket: Fielding, Batting, Bowling Run Up, Batting Calls, Field Placement

Handball: Developing Passing, Pivoting, Attacking, Defending

Volleyball: Volley/Set, Dig, Serve, Spike

Formal Assessment

Table Tennis: Varying Serve, Forehand/ Backhand Drive, Singles/Double Tactics, Mini-Tournaments

Basketball: Develop Shooting, Defensive Tactics, Attacking Strategies

Health Related Fitness: Testing and Training

Athletics: Track and Field. Brent Athletics. Assessment. Sports Day

Softball: Fielding, Long Barrier, Bowling, Batting, Backstop, Games

Table Tennis: Forehand Topspin, Band hand Topspin, Serve, Singles/Doubles

'Developing Skills & Embedding Knowledge'

YEAR 8

Football/Basketball: Brent Cup. Competition vs other Borough Schools

Football: Dribbling, Turning, Receiving, Passing, Shooting, Attacking

Basketball: Dribbling, Passing, Receiving, Games

Formal Assessment

Handball: Passing, Catching, Dribbling Shooting

Athletics: Track and Field. Brent Athletics. Assessment. Sports Day

Health Related Fitness: Strength, Aerobic Endurance, Speed, Power

Basketball: Passing, Pivoting, Attacking, Defending, Shooting, Lay-Up

Baseline Assessments

Learn Expectations & Standards within PE

YEAR 7

Football/Basketball: Brent Cup. Competition vs other Borough Schools

Table Tennis: Grip, Serving, Forehand/Backhand Push

Hockey: Dribbling, Passing, Tackling, Short Corners, Games

Cricket: Throwing and Catching, Long Barrier, Batting

Football: Develop Passing, Dribbling/Turning, Attacking, shooting, Heading, Defending

'Broadening Sporting Experiences'

PRIMARY

Newman Cup

Athletics

Competitive Games

Year 6: Opening Evening

Year 6 Taster Day

Compare Performance and Improve

Gymnastics

Running, Jumping and Throwing

Ambitious • Self – Belief • Passionate • Imaginative • Resilient • Excellence