



A Teacher's Prayer: I believe, Lord.

I believe that each of my students is your child and that they are a reflection of your love.

I believe that each child possesses special gifts and talents, that you are entrusting me to help them discover these gifts and nurture those talents.

I believe that each child is trying to find you, and that I can be a model of how to look, how to live, how to pray.

I believe that my job is actually a mission, a ministry; and that you have chosen me in this time and in this place to be there for these kids.

I believe that there is nothing haphazard about my day, about my experiences with my students or with their parents. It is all part of your plan.

I believe that you have chosen me, Lord.

Help my belief.



St Patrick's Prayer

As I arise today, may the strength of God pilot me, the power of God uphold me, the wisdom of God guide me.

May the eye of God look before me, the ear of God hear me, the word of God speak for me.

May the hand of God protect me, the way of God lie before me, the shield of God defend me, the host of God save me.

May Christ shield me today.

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ when I lie down, Christ when I sit, Christ when I stand, Christ in the heart of everyone who thinks of me, Christ in the mouth of everyone who speaks of me, Christ in every eye that sees me, Christ in every ear that hears me. Amen.



Prayer to the Holy Spirit

Breathe in me, O Holy Spirit,
That my thoughts may all be holy.

Act in me, O Holy Spirit,
That my work, too, may be holy.

Draw my heart, O Holy Spirit,



That I love but what is holy.
Strengthen me, O Holy Spirit,
To defend all that is holy.
Guard me, then, O Holy Spirit,
That I always may be holy. Amen



Prayer for Vocations

God, in Baptism you called me by name and made me a member of your people, the Church.
Help all your people to know their vocation in life, and to respond by living a life of holiness.
For your greater glory and for the service of your people, raise up dedicated and generous leaders who will serve as sisters, priests, brothers, deacons, and lay ministers.



Send your Spirit to guide and strengthen me that I may serve your people following the example of your Son, Jesus Christ, in whose name I offer this prayer. Amen.

Simple steps to meditate.

This meditation exercise is an excellent introduction to meditation techniques.

- Sit comfortably, feet flat on the floor and back against the chair.
- Read a passage from Scripture. Start with the Parables.
- Close your eyes.
- Simply breathe naturally.
- Focus your attention on the breath and on how the body moves with each inhalation and exhalation. Notice the movement of your body as you breathe. Observe your chest, shoulders, rib cage, and belly.
- Put yourself into the Bible story. Be part of the story, talk to people in the story. Spend time with Jesus. Be aware of the setting, etc.
- If your mind wanders, return your focus back to your breath.
- Have a conversation with God. This is prayer.



Prayer of Silence

Heart speaking onto Heart
"Here I am, Lord"



Prayers for N.C.C.



The prayers in this pamphlet are to help you in your walk in love with Your GOD. May they help build a closer relationship with the God who loves you.
"I believe Lord, help my unbelief"



*Everyone Counts, Everyone makes a difference
Everyone Contributes, Everyone Succeeds*

Getting yourself ready to pray. Focus on your breathing, on a flickering candle. Taking time to speak with God about your day. God hears your prayer from your heart. "Heart speaks onto heart."

In the name of the Father and of the Son and of the Holy Spirit. Amen



School Prayer:

Lord, make me a better person, more considerate towards others, more honest with myself, more faithful to you. Make me generous enough to want sincerely to do your will whatever it may be. Help me to find my true vocation in life, and grant that through it I may find happiness myself and bring happiness to others. We ask this through Christ, our Lord. **Amen.**

The Lord's Prayer:



Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. **Amen**

Our Lady's Prayer:

Hail, Mary, full of grace, the Lord be with thee, blessed art thou among women and blessed is the fruit of thy womb Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. **Amen**



The Trinity Prayer:



Glory be to the Father, and to the Son and to the Holy Spirit. As it was in the beginning is now and ever shall be, world without end. **Amen**

Prayer for Faith:

Lord, let me see your face, know your heart and experience your love in my life. Strengthen in me the precious gift of faith. I believe Lord; help my unbelief. **Amen.**



Act of Sorrow

O my God, I thank you for loving me. I am sorry for all my sins, for not loving others and not loving you. Help me to live like Jesus and not sin again. **Amen**

When I'm stressed

Dear Lord, you promised to send your peace to those you love and I really need that peace right now. Soothe my troubled heart and calm my turbulent mind. Remind me that with you on my side there is nothing I can't cope with. **Amen**

Newman Prayer For Students



God has created me to do some definite service. He has committed some work to me which He has not committed to another. I have my mission. I may never know it in this life, but I shall be told it in the next. I am a link in a chain, a bond of connection between persons. God has not created me for nothing. I shall do good; I shall do God's work. I shall be an angel of peace, a preacher of truth in my own place. Whatever and wherever I am, I can never be thrown away. If I am sick, my sickness may serve the Lord, in perplexity, my worries may serve Him. If I am in sorrow, my sorrow may serve Him. God does nothing in vain. God knows what He is about. I will trust Him. **Amen**

Guardian Angel Prayer

Angel of God, my Guardian dear, to whom God's love commits me here, ever this day (or night) be at my side, to light and guard, to rule and guide. **Amen.**



Grace Before Meals

Bless us, O Lord, and these Thy gifts, which from thy bounty we are about to receive, through Christ our Lord. **Amen.**

Morning Prayer

God, our Father, I offer you today all that I think and do and say. I offer it with what was done on earth by Jesus Christ, your Son. **Amen.**



Evening Prayer

God, our Father, this day is done. We ask you and Jesus Christ, your Son, that with the Spirit, our welcome guest, you guard our sleep and bless our rest. **Amen.**

An Act of Faith, Hope, and Love

Jesus, I believe in you. Jesus, I hope in you. Jesus, I love you.



Prayer for Preparation to Study

Lord, I know you are with me and love me. Give me peace of mind as I prepare for this time of study. Help me to focus on my books and notes, keep me from all distractions so that I will make the best use of

this time that is available to me. Give me insight that I might understand what I am studying, and help me to remember it when the time comes. Above all, I thank you for the ability to be able to study and for the many gifts and talents you have given me. Help me always to use them in such a way that they honour you and do justice to myself. **Amen**



My Exam Prayer

Lord, you are my friend and you are with me today and always. You have blessed my life with many gifts and talents. As the exams approach I feel nervous so I pray for your peace. Calm my mind so that I can think clearly and write down what I know. Help me to remember what I have learned and to do my best. Lord your loving presence surrounds me. Help me to trust that you will guide me. **Amen**



Family Prayer

Lord God, when you created people, you wanted families to be important: places of prayer where love is taught and shared; places where you are made known; places of protection and care. Watch over my family in your love and keep them from harm. May our love for each other always be strong. **Amen.**

Anti-Bullying Prayer

Dear Lord, I pray that you can protect me and keep me safe from harm. I know I must always try to love one another and I must not take pleasure in the misfortune and pain of others. Let me use technology and the internet to enhance our lives so I can learn and work and not to do evil. May technology serve me Lord, so that I may better serve one another and serve you. **Amen**

