

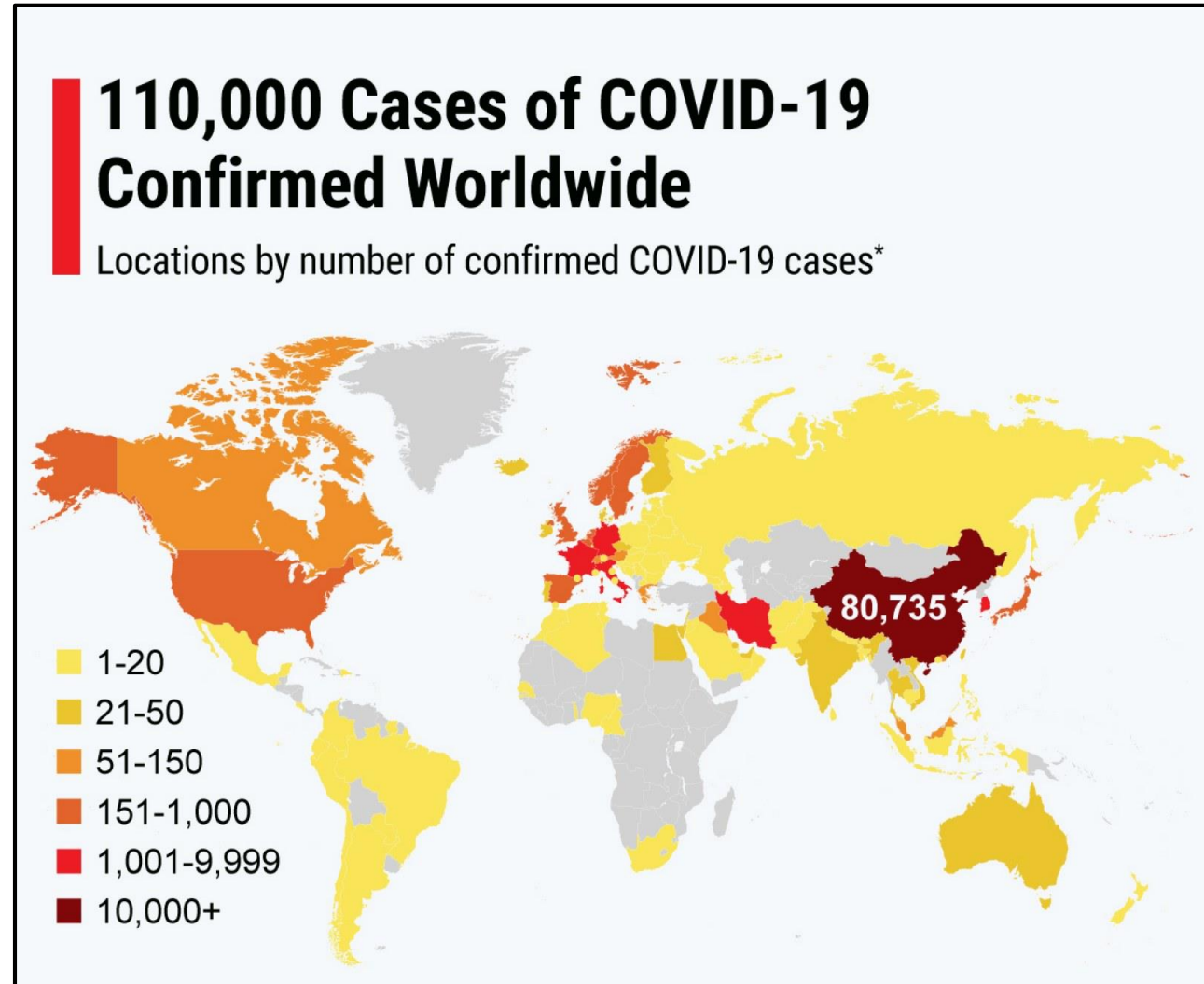
# Coronavirus – Information for Students

- What is Coronavirus?
- How can I protect myself and others?
- What could happen in the future?

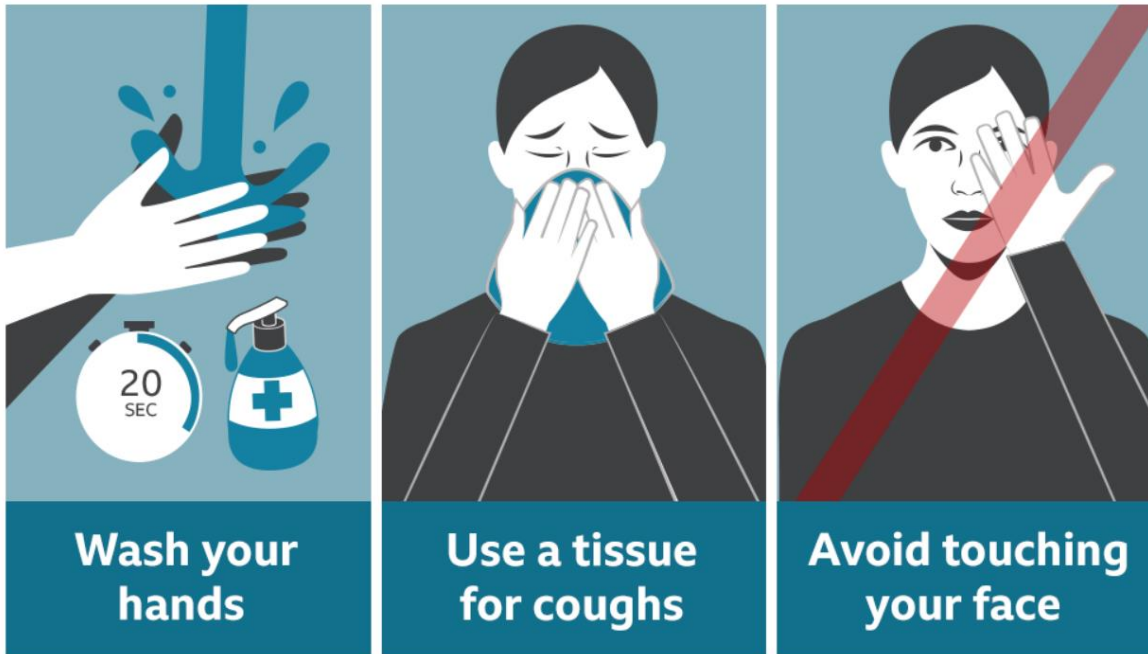


# What is Coronavirus?

- COVID-19 is the official name for coronavirus
- Coronavirus is a virus that affects the lungs
- It is a virus that transferred from animals to humans
- It has now been declared a pandemic (a virus covering the whole world).



# How to avoid Coronavirus spreading

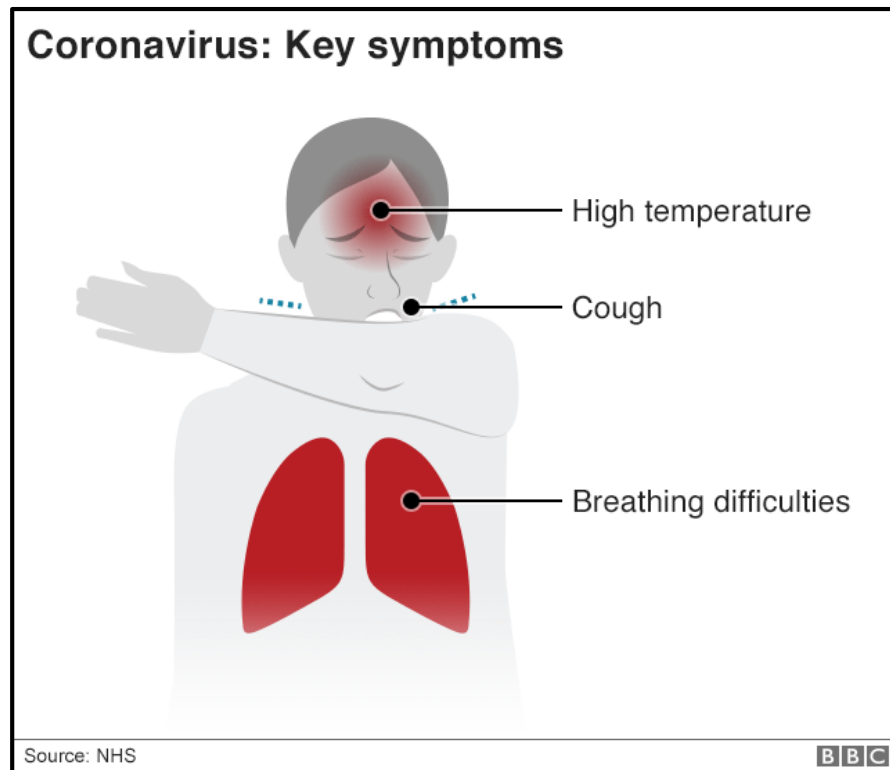


## Government Advice:

- Family members with mild symptoms should stay at home for 7 days
- Stay indoors and avoid contact with other people as you would with the flu
- Call NHS 111 to inform them of your recent travel to the area

# What are Coronavirus symptoms?

- 81% develop mild symptoms
- 14% develop severe symptoms
- 5% become critically ill



## **SYMPTOMS:**

- Fever
- Fatigue
- Dry Cough

## **Other symptoms were:**

- 31% had shortness of breath
- 11% had muscle ache
- 9% had confusion
- 8% had a headache
- 5% had a sore throat

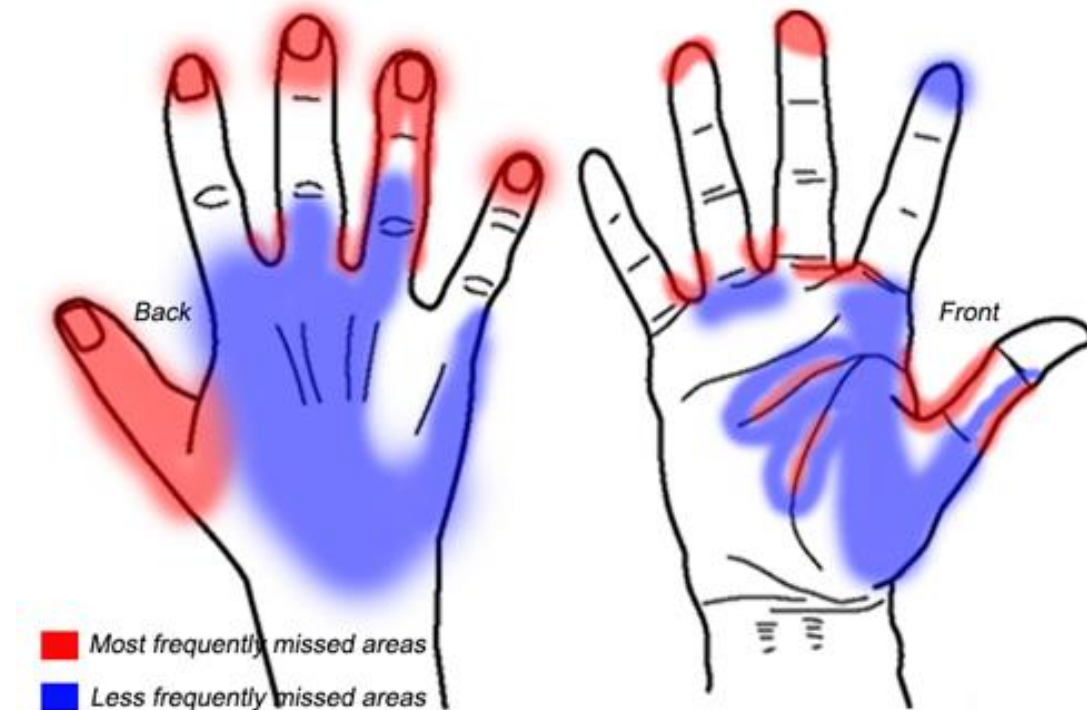
# Washing Hands – Wash more frequently

Wash your hands after you use the toilet.

Scrub with soap for 20 to 30 seconds, and be sure to clean between your fingers, on the back of your hands, and under your nails. Rinse with warm water, and dry with a clean towel.

You should wash your hands with soap and water when:

- when hands look dirty
- before eating or preparing food
- after touching raw meats, including chicken and beef
- after touching any body fluids like blood, urine or vomit
- after touching animals
- after blowing their nose, sneezing or coughing
- after going to the toilet.





✗ Wrong



✗ Wrong



✓ Right





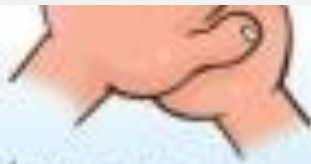
Steps Of Hand



**Sing “Happy  
Birthday” twice  
(20 seconds washing)**



Back of Fingers



Scrub your nails  
on palms.



Wash your wrist



Dry hands with  
clean towel or tissue.

# Next Steps

- Schools remain open
- NCC will follow government
- You will be informed by staff if anything changes
- Keep washing your hands
- No handshakes
- Avoid close physical contact

## Advice for people who think they may have coronavirus

Step one



Do not go to a GP surgery, pharmacy or hospital

Step two



In England, go online to [111.nhs.uk](https://111.nhs.uk), in other parts of the UK call 111. Do NOT go to a GP, pharmacy or hospital

Step three



You may be asked to self-isolate

Step four



Your details may be passed to local health protection teams

Step five



You may then be tested for the virus

Step six



A doctor or nurse will give you advice on what to do next



# Coronavirus – Information for Students

- What is Coronavirus?
- How can I protect myself and others?
- What could happen in the future?

